Tennessee Men’s Health Network

An informational and educational organization recognizing men’s health as a specific social concern.

Dedicated to significantly improving male health, longevity, and quality of life for men and their families in Tennessee.

www.menshealthnetwork.org
What Will Be Covered Today?

• What is Men’s Health Network?

• The Silent Crisis

• How We Do It

• Advocacy: The Men’s Health Movement

• Your state’s potential role
Men’s Health Network
Washington, D.C.

- Men’s Health Network founded in 1992
- Headquartered in Washington, D.C.
- National presence with affiliates in each state
- Premier resource center for the specific health needs of boys and men
- Men’s Health Network is the lead agency for the “Men’s Health Movement” in the United States
Tennessee Men’s Health Network

- Tennessee Men’s Health Network (TMHN) is the state affiliate of Men’s Health Network.
- Presence in all of Tennessee’s 95 to improve the health of boys and men in Tennessee.
- TMHN has reached millions of Tennesseans through a variety awareness programs and outreach platforms.
Men’s Health Network reaches men where they live, work, play, and pray with health awareness and disease prevention messages and tools, health screening programs, educational resources, advocacy, and patient navigation. We hope to achieve the following goals:

• To save men’s lives by reducing the premature mortality of boys and men.

• To increase the physical and mental health of boys and men so that they can live fuller and happier lives.

• Work with women as the family’s health care leader to reach men with critical health messages.
The Silent Crisis: Men’s Health
Why A Men’s Health Movement?

• Overall, men live “sicker” and live shorter lives than women.

• Higher prevalence and death rates for 9 of the 10 leading causes of death.

• Lower rates of health insurance coverage.

• Fewer physician visits, poor health maintenance.

• Men avoid appearing “vulnerable”, weak, or unmanly.

• On average, women out live men by 5 years.
Life expectancy by gender

Females: 81
Males: 76

SOURCE: Centers for Disease Control and Prevention (2012)
What Does This Mean?

- At birth there are 105 boys for every 100 girls.

- By age 34, there are more women than there are men.

- And in early retirement years (65-69), there are 85 men for every 100 women. More than half of elderly women living in poverty were not poor before their husbands died.
Causes of Death - U.S.

Source: National Center for Health Statistics

- Heart
- Cancer
- Stroke
- CLRD
- Accidents
- Alzheimers
- Diabetes
- Flu/Pneumonia
- Kidney
- Blood Infections
- Liver
- Suicide
- Homicide

Deaths per 100,000

- Women
- Men
MHN Program Resources:

MHN has a unique set of resources that enable it to create a successful original program including:

- Trained personnel to design, produce, and implement creative health outreach programs
- Established workplace programs that can be expanded or enhanced to promote specific health goals
- Contact with virtually all federal, state, and local government men’s health programs
- A large body of medical professional “advisors” numbering over 850
- A nationwide network of health educators and screening personnel that can provide services in any part of the country
- A design and printing team that produces creative, quality printed materials
- A global network of men’s health organizations and experts
MHN Signature Resources
MHN’s Men at Work

• MHN flag-ship program since 2001
• Partner with employers for corporate wellness
• Primary prevention including health education and screenings
• Internal data collection
MHN Corporate Partners
MHN Partners
Healthy Sunday Initiative

• MHN partners with church pastors and parish nurses

• Empower men, women, and families to become active partners in their health, family, and well-being

• Provide primary prevention for underserved families
Time Out for Men’s Health

• National health awareness campaign that offer free health assessments, educational materials and consultation with a health professional.

• Health assessments for both men and women to encourage a health dialogue
Community Partners

- One Voice Against Cancer
- Boy Scouts of America
- YWCA
- YMCA International
- Veterans Health Council
White House Dialogue on Men’s Health
TMHN’s Advocacy Track Record

TMHN understands the importance of advocacy for meeting men’s health needs and for the positive impact reducing the gender mortality gap has on Tennessee families.
Tennessee Men’s Health Awareness Act

• Enacted by the Tennessee General Assembly in 2004.

• Allocates state resources through the Tennessee Department of Health for the sole purpose of health promotion among Tennessee males.

• Allows TMHN the ability to sponsor and host statewide health promotion programming and campaigns designed to reach men and their families.
Tennessee Outcomes

• Since 2004, countless Tennesseans have been exposed to TMHN messaging.

• 95% of individuals surveyed found TMHN programming to be informative, relative, and significantly useful.

• Over 70% of men surveyed following a TMHN event reported that they have scheduled or will be scheduling an appointment with a health care provider.
“It appears that the activities of the Tennessee Men’s Health Network are legitimate, beneficial, and assist organizations as well as individuals across the state.”

2009 Performance Audit
Comptroller of the Treasury
State of Tennessee
Department of Audit
Division of State Audit
Men’s Health Advocacy
Other Advocacy Principles & Priorities

• TMHN has introduced joint resolutions recognizing key men’s health awareness periods and other specific health care topics.

• TMHN has collaborated with private & public health care advocates to pass the 2007 Non-Smoker Protection Act and Telehealth legislation.

• Mayors, City Councils, and County Commissions throughout Tennessee have issued proclamations declaring men’s health awareness periods in their municipalities.
We Need You!
Join the Movement!

• Allow Men’s Health Network to explore opportunities to make an impact within your state.

• Become an official partner for MHN programming by enlisting in our Advisory Board.

• Encourage your colleagues to collaborate with MHN to meet the specific needs in your state.

• Consider enacting legislation to establish a Men’s Health Awareness Act in your state.
QUESTIONS?
Men’s Health Websites

- Men's Health Network
  menshealthnetwork.org

- Wear Blue for Men’s Health
  wearblueformen.com

- Talking About Men’s Health
  talkingaboutmenshealth.com

- Men’s Health Month
  menshealthmonth.org
  Prostate Cancer Awareness Month
  pcaawarenessmonth.org

- Men’s Health Resource Center
  menshealthresourcedcenter.com

- Prostate Health Guide
  prostatehealthguide.com

- Men’s Health Library
  menshealthlibrary.com

- Testicular Cancer Awareness Month
  testicularcancerawarenessmonth.org
Follow MHN on Social Media...

Facebook.com/menshealthnetwork

Twitter.com/menshlnethnetwork

Instagram.com/menshealthnetwork