



# The Role of School-Based Health Centers



# Today's Focus

- To facilitate a better understanding of what services SBHCs can provide in the school setting.
- To demonstrate how SBHCs are integrated into the multi-system of support.
- To share the benefits of SBHCs as strategic partners with schools.



# School-Based Health Centers: Intersects Education, Health, and Communities

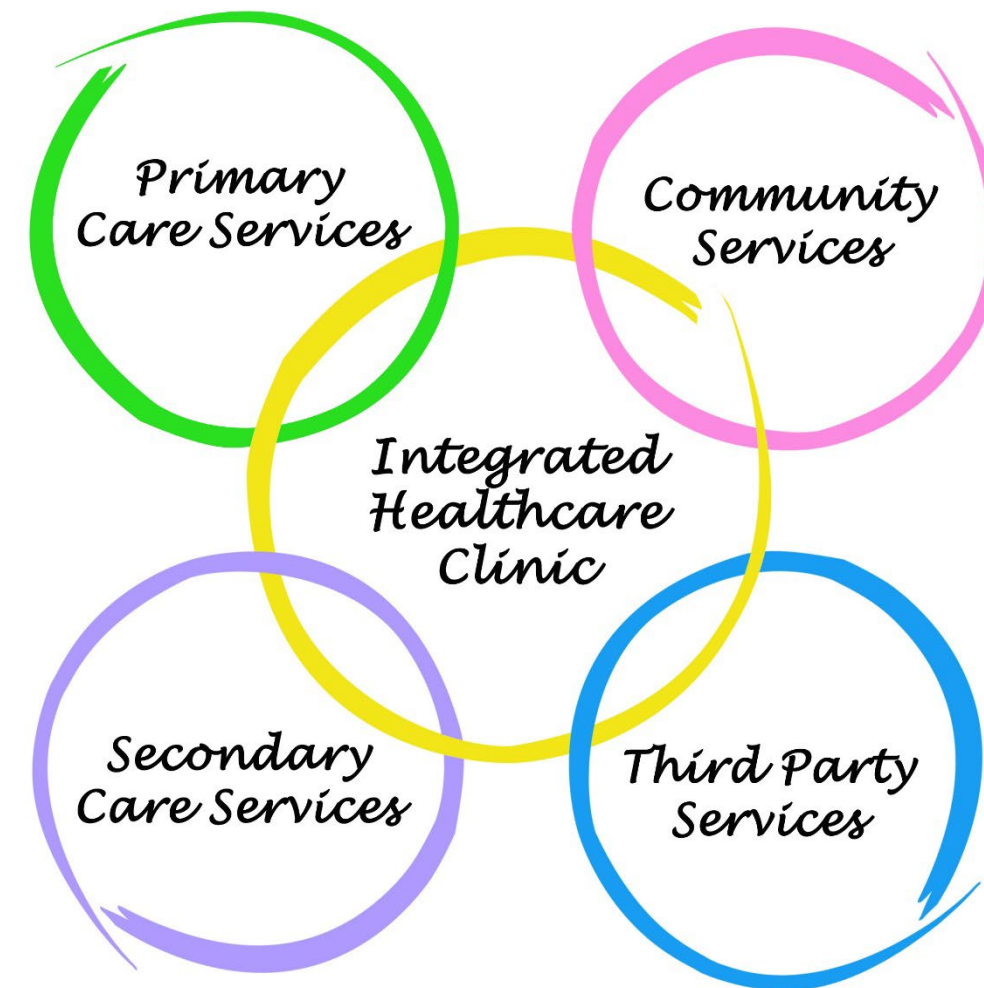


# A School-Based Health Center...

- Delivers core set of primary health care services (physical, mental, preventive)
- To children and youth in an identifiable school space
- During regular scheduled times - school hours
- By qualified health professionals (ex. PAs, NPs, RNs, QMHPs)
- Working within the school to become an integral part of the school
- In a collaborative relationship with the local educational and healthcare community



# Addressing the Whole Child Through Integrated Care





# SBHCs Address . . .

- Barriers to access
- Underserved populations
- High proportions of high-risk youth



# About School-Based Health Care

## Consents

- Parents'/guardians' involvement is important and encouraged. They decide what services are or are not beneficial for their children, and their consent is required for care.
- Available services are NOT provided without permission, except as allowed by state minor consent laws.
- Confidentiality laws and requirements between patients and providers vary across states.

## Scope of Services

- Services are determined at the local level and in accordance with state and local policies and/or law.

## Existing Services

- It does NOT replace required school health services for Free and Appropriate Education (FAPE) but instead supports and enhances.
- It does NOT replace parents/guardians, school nurses, school counselors, pediatricians, or other existing services.



# SBHC is a Strategic Partner

- A long-term agreement is reached for sharing physical and/or intellectual resources in the achievement of a common objective.
- The common objective is to improve the ABCs of schools, Attendance, Behavior and Coursework.





# School Nurse vs. SBHC

## SCHOOL NURSE

- Employed by school/school district/ESD
- Manages student immunizations program
- Coordinates screenings
- Chronic school health case management
- Manage chronic medication delivery during school
- Oversees school health programs
- FERPA regulate

## SBHC

- Employed by medical organization
- Administers immunizations
- Conducts screenings, physical exams
- Care of both acute and chronic needs
- Administer and prescribe medications
- Counseling, prevention and wellness promotion
- HIPPA regulated
- Certified by the State



# Positive Outcomes of Comprehensive SBH Care Across Domains

- Improve Access to Care
- Prevent Diabetes and Manage Asthma
- Improve Attendance, Behavior and School Learning Environment
- Reduce Dropout and Support Academic Achievement
- More Efficient Way To Do Business
- Parents/Teachers/Employers/School Climate



# SBHCs Provide ...

- Access Model
- Support youth being in class
- Supports families
- Prevention messages delivered



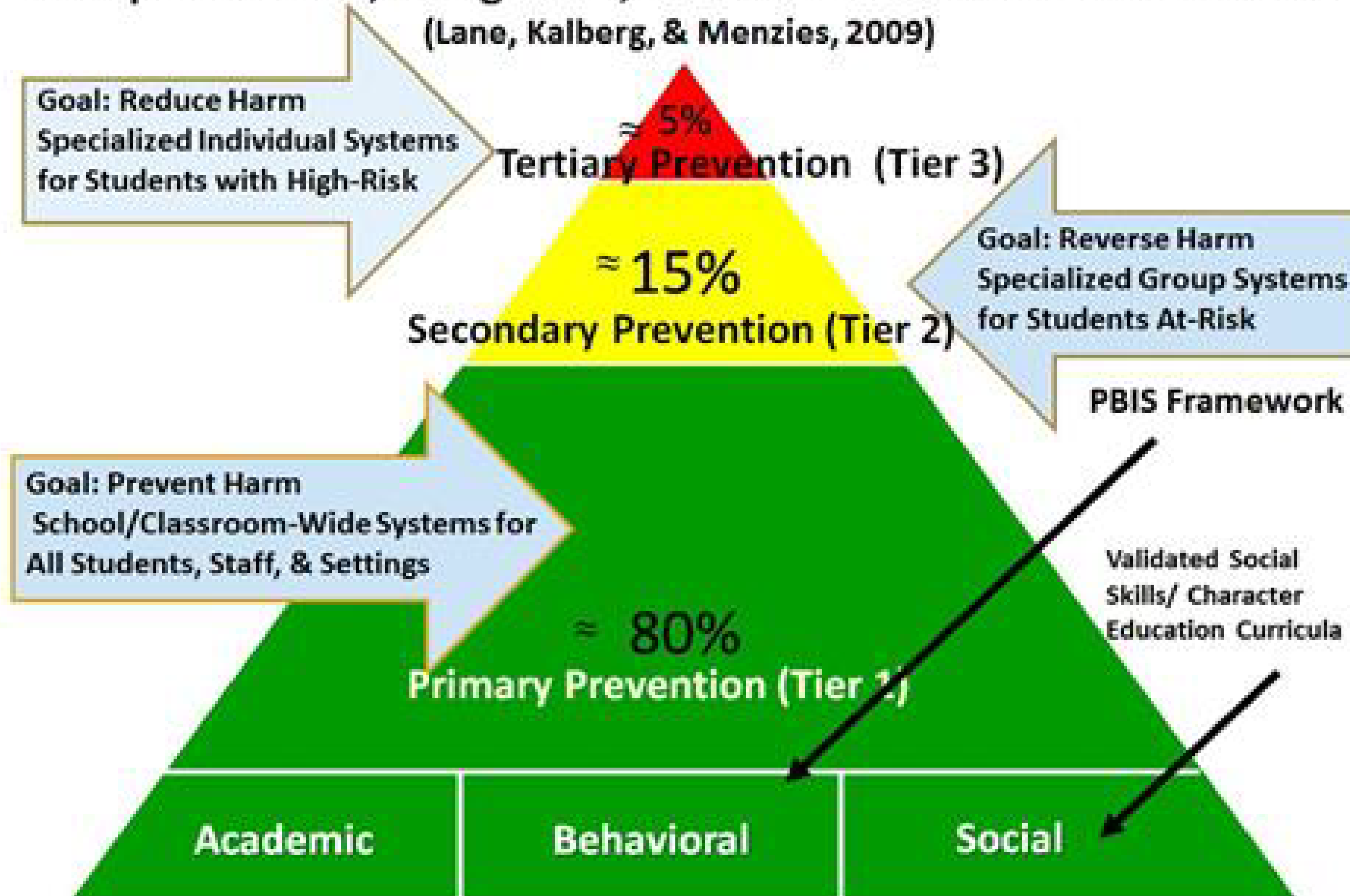
# Strategic Points

- Partnering with School Nurses to meet requirements
- Addressing mental health issues
- Attendance/Absences/Drop Out
- Seat time



## Comprehensive, Integrated, Three-Tier Model of Prevention

(Lane, Kalberg, & Menzies, 2009)



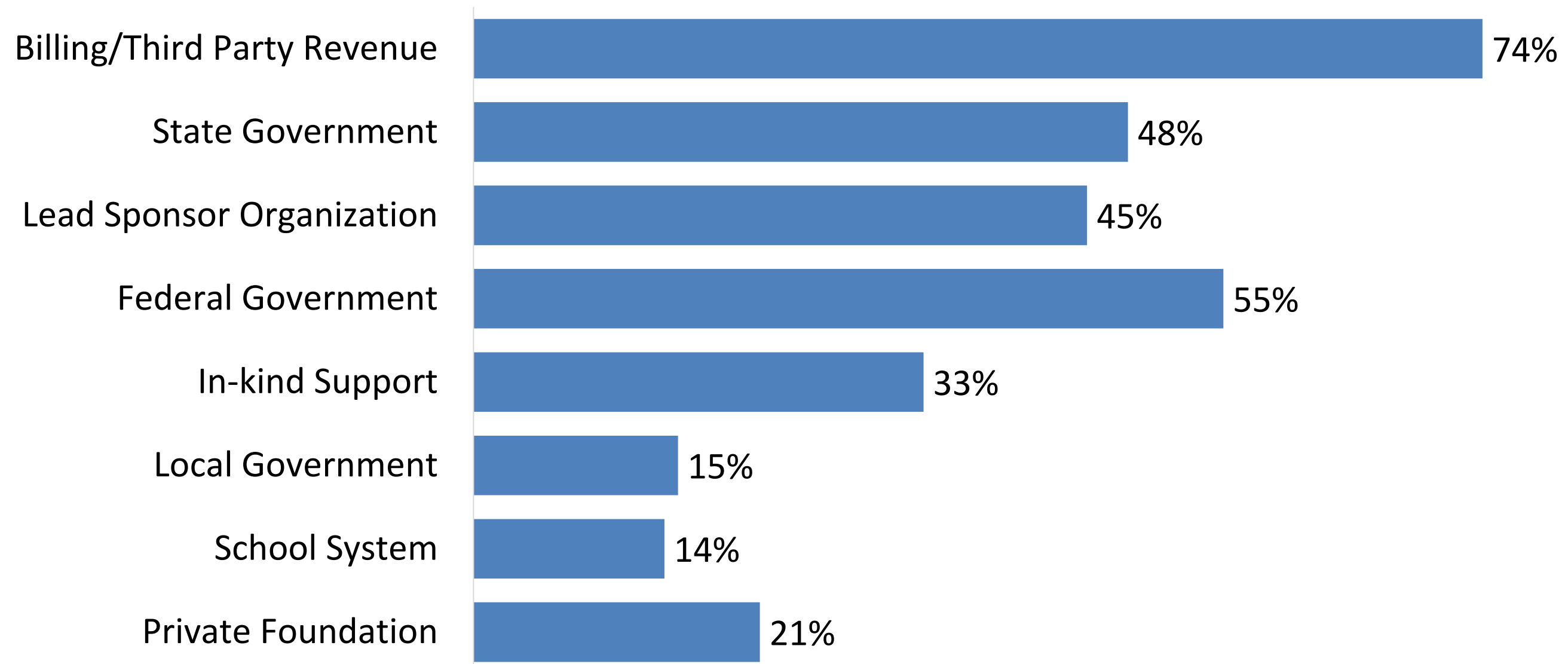


# Building Strong Partnerships

- Identify potential partners
- Define purpose & desired outcome
- Transparency and shared decision making
- Clear roles and responsibilities
- Well-defined leadership core team
- Mutual respect of team members
- Concrete, achievable work plan and goals



# Funding of SBHCs





# Models of School Improvement

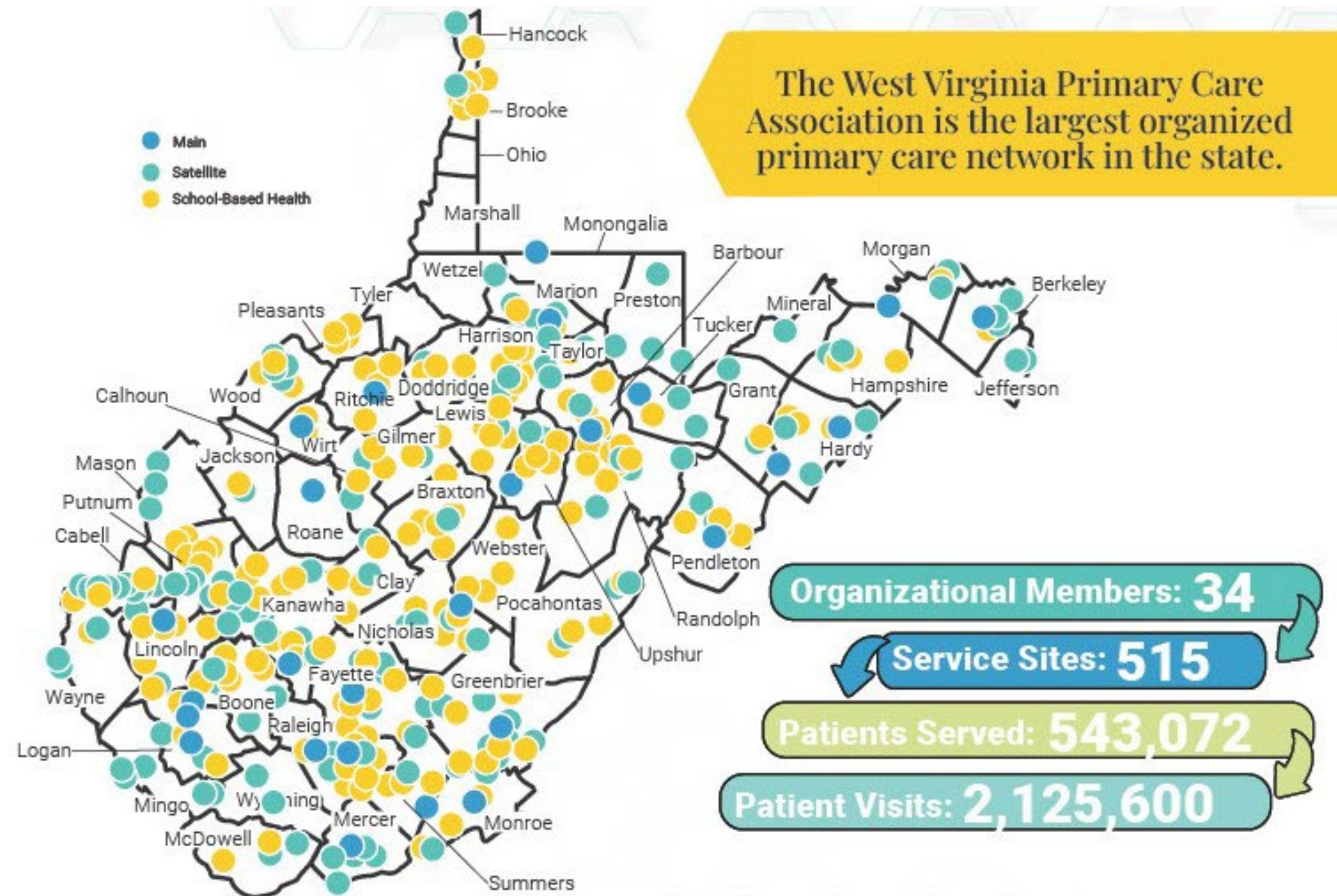
- Community Schools or Communities in Schools
- Targeted approach for school improvement

**SBHCs are strategic partners that are proven to be effective**





# West Virginia Primary Care Association





# West Virginia SBH Landscape

- Over 240 SBHCs in state
- 44 different counties of the 55
- Provide opportunity for care to over 103,100 students
- 74% of SBHC provide MH services
- Services include: Primary Care, Behavioral Health, Vision, Dental, Nutrition, & SUD



# Innovations in Delivery of SBH

- Telehealth
- Mobile Units



# Examples of Partnerships

- Find Help
- West Virginia Department of Education
- WV Expanded School Mental Health
- National School-Base Health Alliance
- WV Communities in School
- 19Labs Telehealth
- Electronic Consent Application
- WV Immunization Network
- Manage Care Organizations
- Local Food Banks
- Churches and Civic Organizations
- WV Extension Office
- Try This WV
- Local Businesses
- After School Network



# Reviewing Impact of School-Based Health Centers

- Impact individual students & families
- Impact schools
- Impact communities
- Impact the workforce
- Impact economic development
- Impact the future



# Resource

School-Based Health Alliance

<https://www.sbh4all.org>



# Questions

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