

Expanding Student Mental Health Supports: State Actions and Opportunities

JULY 11, 2022

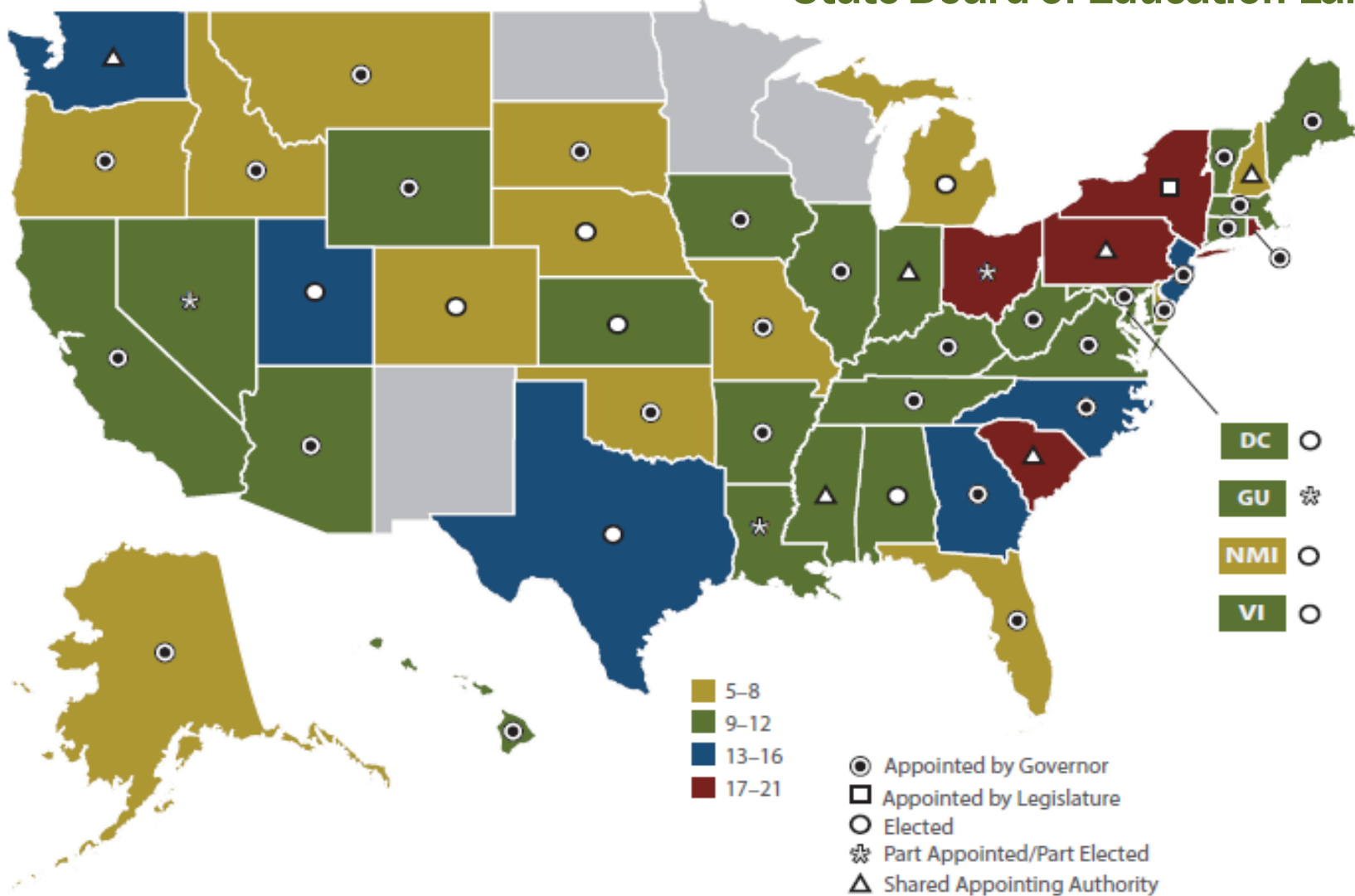
COUNCIL OF STATE GOVERNMENTS

SOUTHERN LEGISLATIVE CONFERENCE

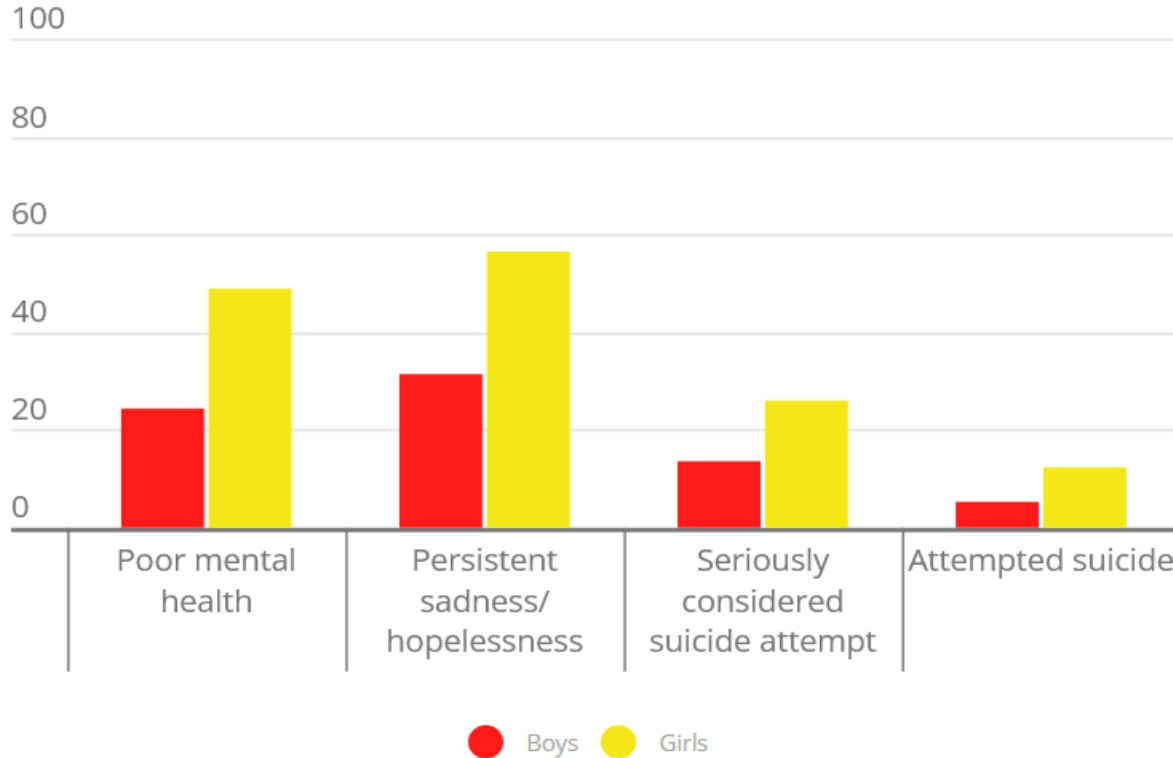
NASBE

National Association of
State Boards of Education

State Board of Education Landscape

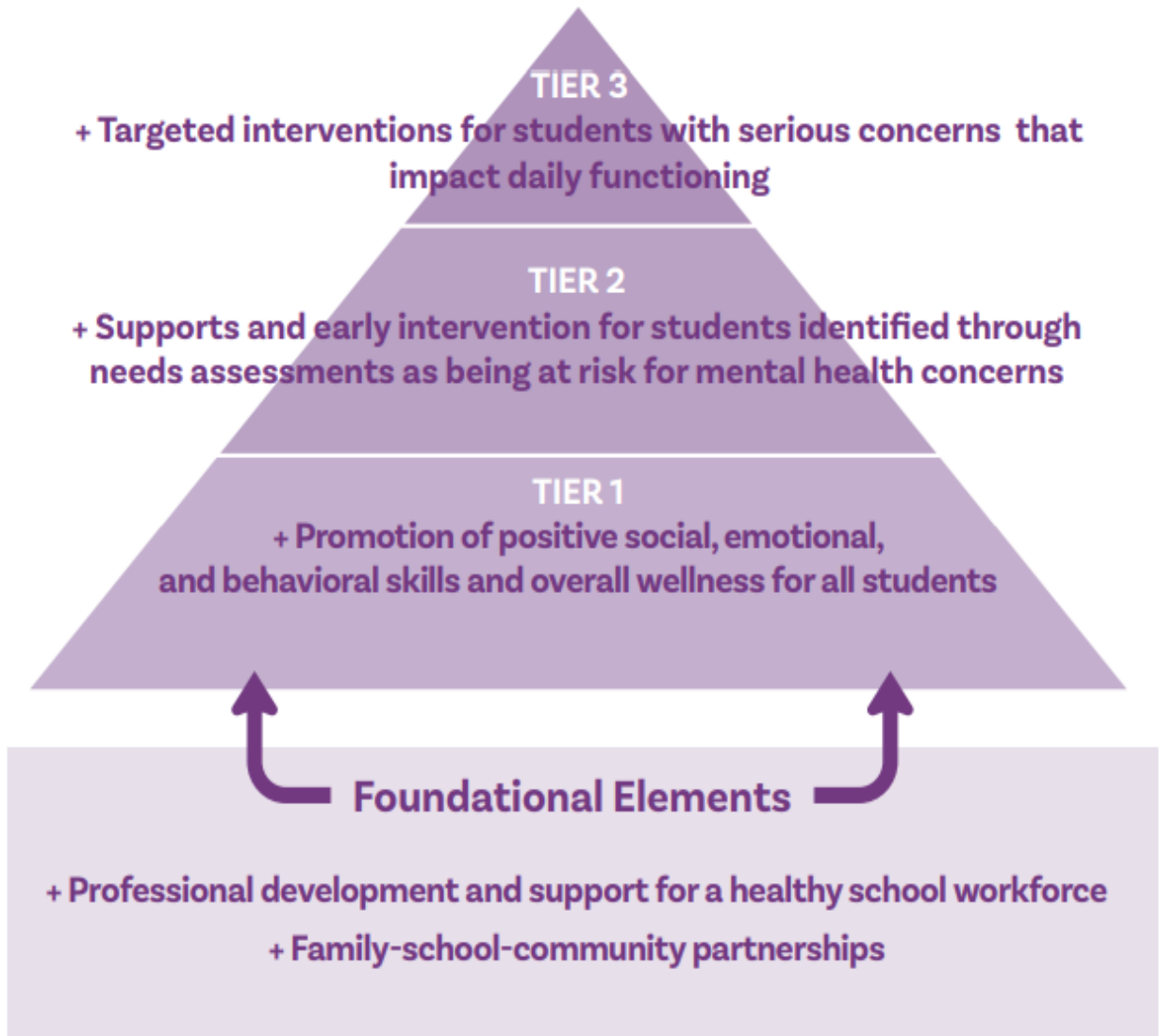


Young people faced mental health challenges during COVID, especially girls



Source: Centers for Disease Control and Prevention

Increased need
Mental health related ER visits increased
24% for 5- to 11-year-olds
and
31% for 12- to 17-year-olds
during the pandemic



**Multi-tiered system
of support**
A research-based approach to addressing student need

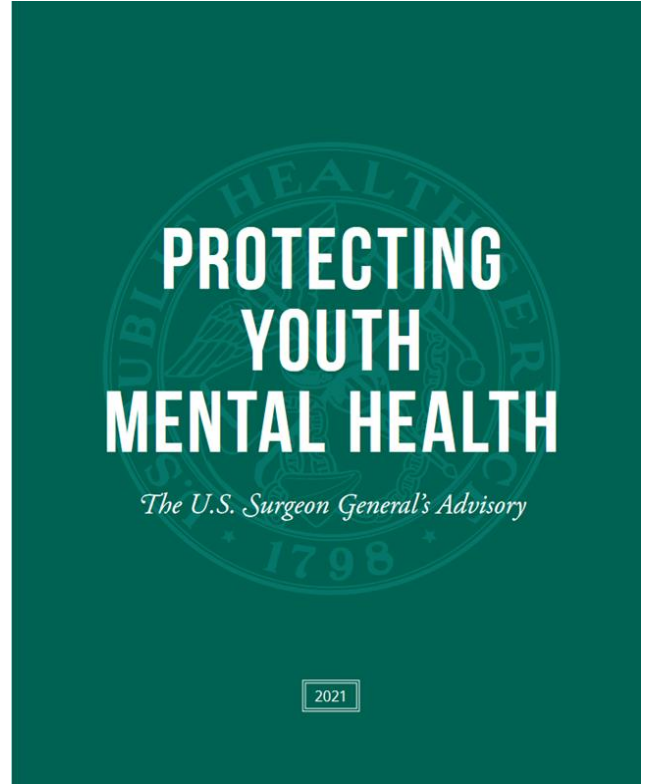
Source: Advancing Comprehensive School Mental Health Systems: Guidance from the Field. 2019

Unprecedented Resources & Call to Action

\$190B to the Elementary and Secondary School Emergency Relief (ESSER) Fund

- **\$13.2B ESSER I** (September 2022*)
- **\$54.3B ESSER II** (September 2023*)
- **\$122B ESSER III** (September 2024*)

**deadline for obligating funds*

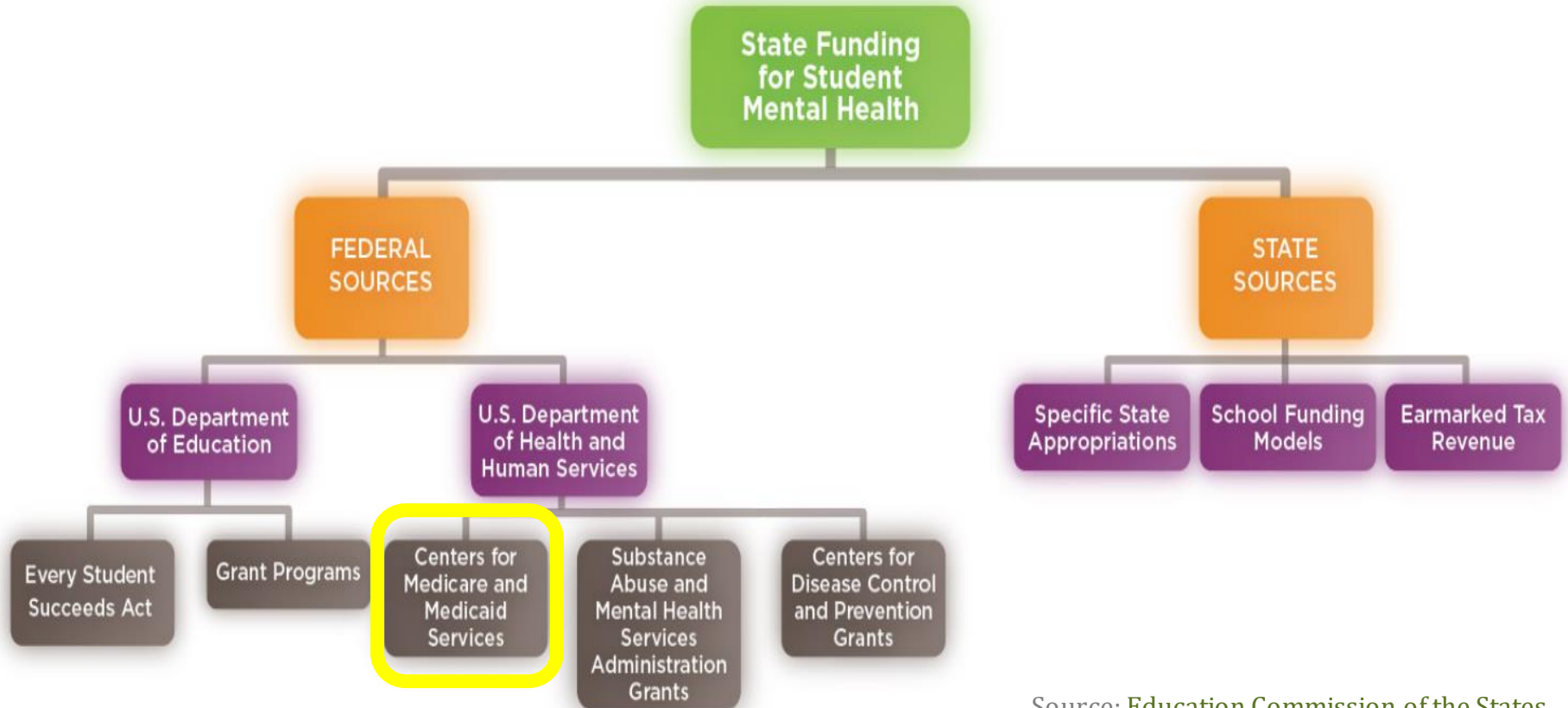


Bipartisan Safer Communities Act Investments

(mental health, behavioral health, school connectedness efforts are eligible uses)

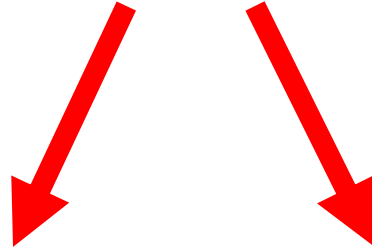
- **\$1B** Student Support and Academic Enrichment program
- **\$500M** School Based Mental Health Service Grant Program
- **\$500M** School Based Mental Health Service Professionals Demonstration Grant program
- **\$240M** Project AWARE
- **\$50M** 21st Century Community Learning Centers program
- **\$40M** National Child Traumatic Stress Network

States braid many funding streams



Source: [Education Commission of the States](#)

Critical Action Steps



**Examine Data on
Student Need**

**Map Resources,
Initiatives**

**Targeted, Research-
Based Investments**

Health Policies

The NASBE State Policy Database on school health is a searchable database of all existing state statutory and regulatory language on student health aligned to components of the U.S. Centers for Disease Control and Prevention's framework for school health promotion, known as the Whole School, Whole Community, Whole Child (WSCC) model.

Learn More

School Health Policy Database

This tool allows the retrieval of state policies regarding school health. Use the first dropdown to choose a category and the second dropdown to select a subcategory. Select one or more states to see relevant statistics and regulations related to the selected subcategory. Click on the state to learn more about the statute or regulation.

Select a category

WSCC Reference

Select a subcategory

Component of WSCC

Address the WSCC model

Addresses identified school health

Non-addressed school health

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About Our Methodology

This database is an updated and reclassified policy dataset as of September 2019. It includes 50 states, the District of Columbia, Guam, and the U.S. Virgin Islands. The dataset is also searchable and the primary education population. Our criteria capture 200 health education topics aligned to the Whole School, Whole Community, Whole Child (WSCC) model.

Learn More

About the WSCC Model

The WSCC model defines 10 important areas of a healthy school. Combined, these elements provide a road map for comprehensive policymaking that fully supports student learning.

Learn More

Hot Topics



Special Needs Students Continue to Face School Climate

State policymakers and education leaders can plan more to create safe, supportive learning environments ready for the return of students and teachers to classrooms. The article in The Standard provides a roadmap.

Read More



State Policies that Support Healthy Schools

Many states had at least some clearly established healthy schools policy from 2017 to 2019. This brief and the accompanying state profile identify important trends and areas that may continue to require attention in future years.

Read More



Importance of Vaccination Policies

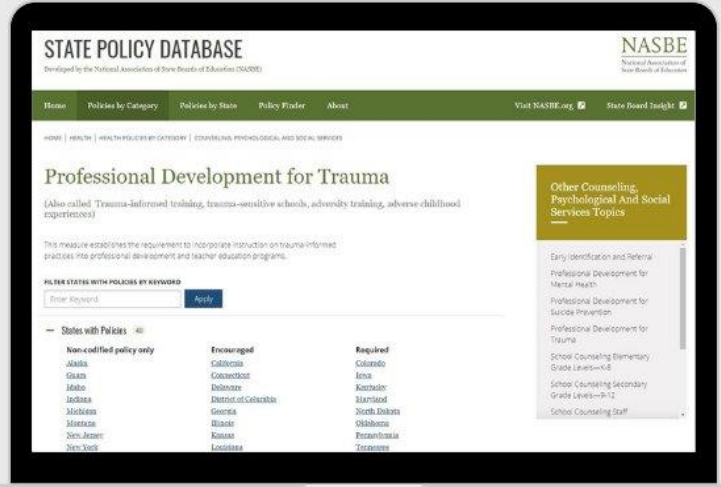
This analysis reviews current school vaccination laws and exemptions, with implications for COVID-19 vaccination-related requirements and pending state legislation.

Read More

NASBE's State Policy Database on School Health

Completely redesigned and updated:
Search, scan, navigate, and compare codified and noncodified policies on 200 school climate, health, and safety topics!

<https://statepolicies.nasbe.org/>



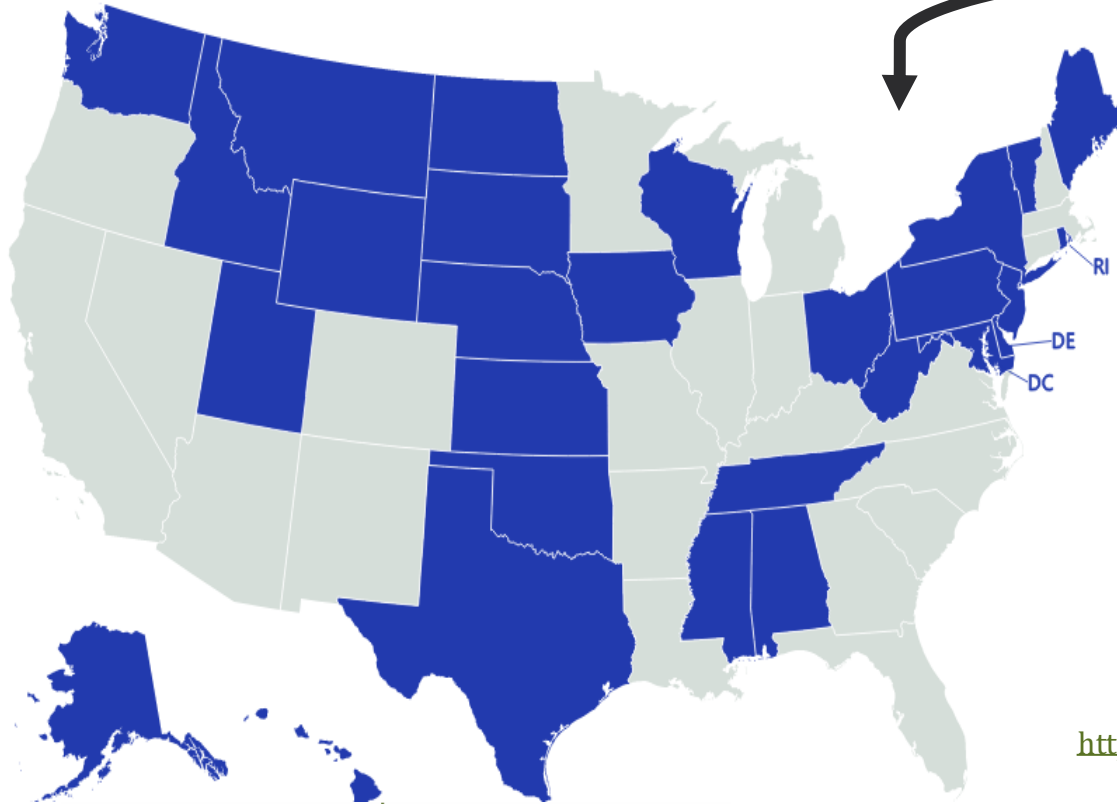
Leveraging Medicaid

- 2014 Centers for Medicare and Medicaid Services rule change
- Healthy Students, Promising Futures Learning Collaborative (Members include **Kentucky, South Carolina, Tennessee, Virginia**)
- **Arkansas**: Policy adopted to expand behavioral health
- **Florida, Georgia, Kentucky, Louisiana, North Carolina**: Have expanded coverage to all Medicaid-enrolled students

States That Expanded Medicaid Coverage In Schools

States In the Process Of Expanding Medicaid Coverage
In Schools

States Not Yet Taking Action



School Medicaid Expansion Status

In 2014, the Centers for Medicare & Medicaid Services expanded the use of Medicaid to pay for school health services for all Medicaid-enrolled students. This map indicates the states that have taken the necessary steps, as of December 2021, to align their state Medicaid plan with federal policy, and the measures they took. It also identifies states in the process of doing so and those that haven't started.

Click on each state to view its status.

Source:

<https://healthystudentspromisingfutures.org/map-school-medicaid-programs/#0>

Meeting students where they're at

- Universal telehealth (**Mississippi**)
- Building the school psychologist pipeline (**Oklahoma**)
- School-based health centers (**Texas**)
- Expanding access to rural communities (**Louisiana**)
- 988 Suicide and Crisis Lifeline (**All states**)
- Helpline #s on Student IDs (**Oklahoma, Arizona, Illinois**)

Student connectedness and education

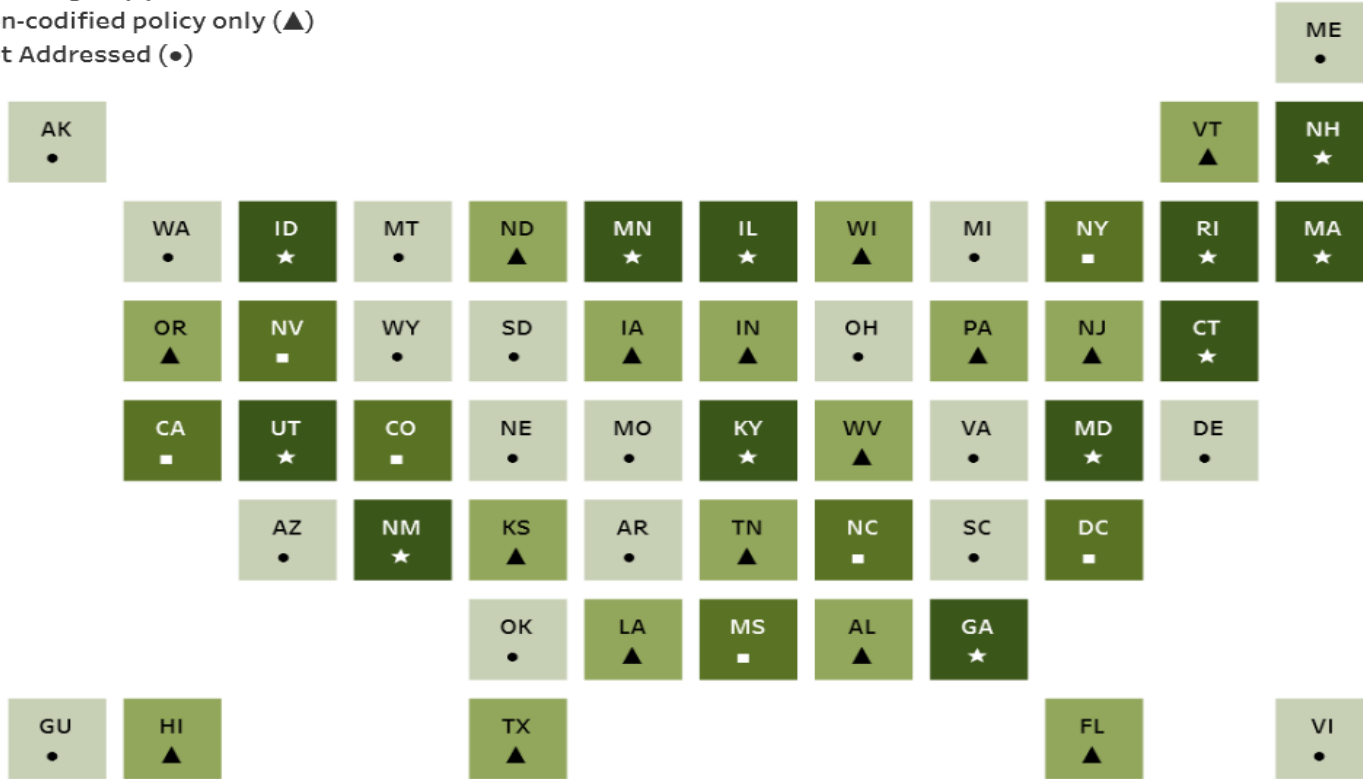
- **Mental health education (Florida, New York, New Jersey, Virginia)**
- **Excused mental health absences (Kentucky)**
- **Social-emotional learning standards (20 states)**
- **School climate surveys**

Many factors contribute to school climate & student connectedness including...

- Bullying prevention
- Discipline practices
- Enrichment programming
- Family and community engagement
- Mentoring
- Service learning, community service
- Teacher and principal preparation

State Policy Example: School Climate Surveys

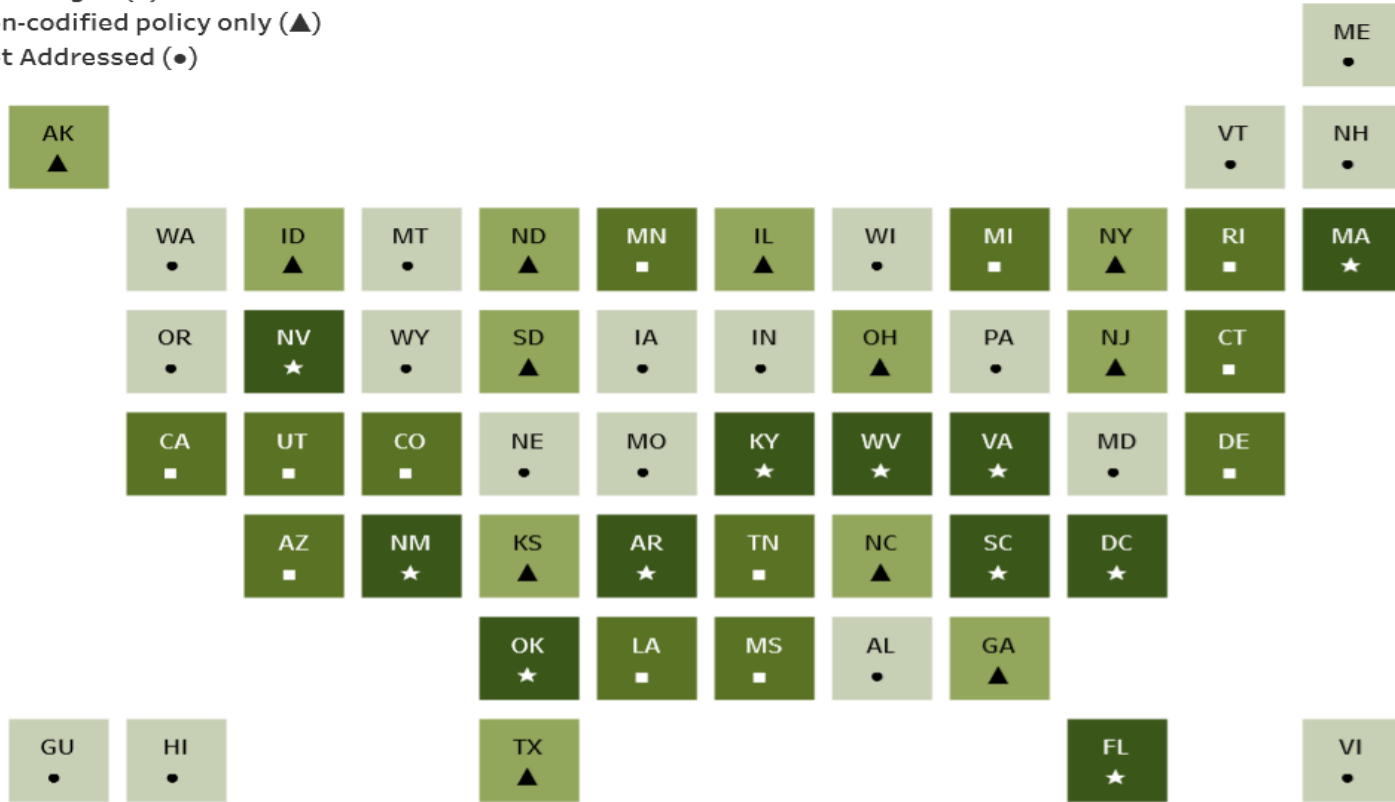
- Required (★)
- Encouraged (■)
- Non-codified policy only (▲)
- Not Addressed (●)



As of 2019, 12 states require school climate surveys, 7 encourage them.

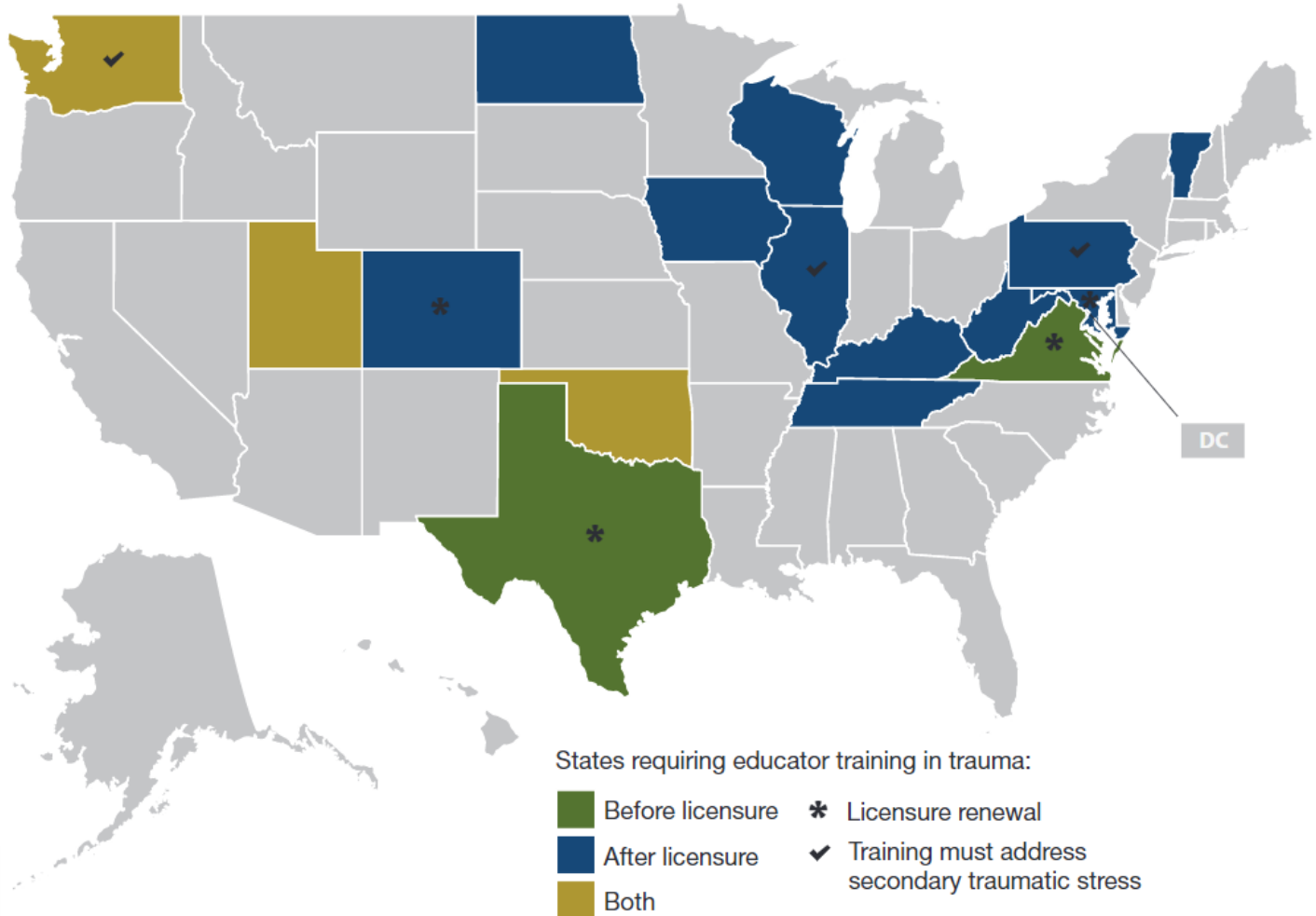
State Policy Example: PD on Family Engagement

- Required (★)
- Encouraged (■)
- Non-codified policy only (▲)
- Not Addressed (●)



As of 2019, 11 states require, and 12 states encourage staff professional development on parent and family engagement.

16 States
Require
Teacher
Training on
Trauma



Source:
https://nasbe.ny3.digitaloceanspaces.com/2022/06/Pierrottet_Trauma-Informed-Schools-final.pdf

Tools & Briefs: Non-governmental

- **State Policy Database on School Health** (policy research and comparison) at <https://statepolicies.nasbe.org/>
- **State Mental Health Report Cards** (data & policy recommendations) at <https://hopefulfutures.us/>
- **Whole Child Policy Toolkit** (research, resource library, state policy examples) at <https://www.wholechildpolicy.org/>
- **Healthy Students, Promising Futures Learning Collaborative** (partnership) at <https://healthystudentspromisingfutures.org/>

Tools & Briefs: Federal

- **Department of Education (ED)**
 - [COVID-19 Handbook, Volume 2: Roadmap to Reopening Safely and Meeting All Students' Needs](#)
- **Centers for Disease Control and Prevention (CDC)**
 - [Youth Risk Behavior Surveillance System data reports](#)
- **Health Resources and Services Administration (HRSA)**
 - [National Center for School Mental Health](#) (see report on [Advancing Comprehensive School Mental Health Systems: Guidance From the Field](#))
- **Substance Abuse and Mental Health Services Administration (SAMHSA)**
 - [Mental Health Technology Transfer Center Network](#)

**THANK YOU for your time
& public service!**

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